

Welcome to Waikato District



Waikato Fast Facts

- Hamilton is Central to everywhere (all within 1 - 2 hours drive)
 - Auckland, Rotorua, East & West Coast, Waitomo Caves, Skiing at Ruapehu
- Hamilton was crowned as the most beautiful large city 2020
- Hamilton has 3 international sports venues: FMG Stadium, International Cricket ground at Seddon, Claudlands Events Centre
- Population estimate is 185,300 (2023)
- NZ European make up 3 quarters of the population with 19% Māori
- The city is home to 160 ethnicities
- The climate is mild / moderate year round and rainfall keeps the city and surrounding areas very green
- We are home of the Chiefs
- There are many more attractions to our Region!

Waikato District Campus

- Waikato Hospital is based in Hamilton but under the Waikato District there are other smaller hospital sites
- Waikato Hospital is a teaching hospital and the major tertiary referral centre providing specialised and emergency healthcare for the Te Manawa Taki region. It is the only major District in New Zealand to offer all surgical specialties on one campus and is the major trauma hospital for the Te Manawa Taki Region region.
- We are around 600 bed hospital not including the 200 in Mental Health.
- With 14 Community Based Attachment (CBA) sites
- As a PGY1 you will work mainly at the Waikato Site
- Waikato District offers well-structured and well-planned post-graduate training for PGY1 House Officers
- New Mental Health Unit under construction, new Renal unit completed
- There are many reasons why you would choose Waikato!



Waikato Demographics

Patient catchment numbers for Waikato District/Te Manawa Taki Region

- (2020/21 population projections)
 - 985,285 people
 - Including 265,360 Maori (27%) and 43 local iwi groups

- (2021/22 population projections)
 - 1,007,405 people
 - Including. 280,170 Māori (28%)

Waikato Demographics

Inpatient bed numbers

- 550 (Funded inpatient beds for CCTV, Internal Medicine, Oncology Renal, Orthopaedics, Surgery, OP&RS)
- 888 (used for planning purposes, which includes Mental Health, Delivery Suite, Mothercraft, etc)
- Taumarunui: 10
- Te Kuiti: 12
- Thames: 53
- Tokoroa: 17
- Matariki: 32
- Rhoda Read: 32
- Waikato District (including Matariki & Rhoda Read): 1044

Waikato Demographics

Theatres & Surgical Procedures

Number of theatre (for planning and scheduling purposes we use 52)

- Main: 24
- Procedure Rooms: 3
- Cath: 4
- Endo: 4
- Thames: 4
- Other (ERB/InRad): 4
- Other Facilities (other hospitals): 9

Number of Surgical procedures performed in the last year: More than 34,000



Waikato Demographics

Average daily emergency presentations

- Waikato Hospital: 227 per day
- Taumarunui: 18 per day
- Te Kuiti: 6 per day
- Thames: 48 per day
- Tokoroa: 40 per day

Waikato District – PGY1 Teaching



Clinical Education and Training

Our aim:

To build a vibrant learning community to improve patient care and inspire doctors to become lifelong learners.



www.waikatodhb.health.nz

- We provide protected Formal Education Course (FEC) teaching time weekly - three hours of protected training time weekly
- Use senior doctors or advanced trainees who are all experts or advanced practitioners in their fields to present teaching topics
- Support career development and have a dedicated education training unit for this
- Simulated Skills Lab Training sessions (Suturing, Pleural & Joint Aspiration, Lumbar puncture and Ultrasound)
- On Campus Auditorium and Library

The RMO Unit Support Service

RMO Recruitment and Rostering

Recruitment

- Staff up to 600 RMO's at anytime
- Coordinate PGY1 selection within the ACE process
- Powhiri and Orientation for new RMO's
- Allocation of House Officer clinical attachments

Rostering

- Medicine Roster - Registrars & House Officers
- Surgical House Officer Roster
- ICU/HDU - Registrar and Senior House Officers
- Obstetrics & Gynaecology and Paediatrics
- Managing leave and the relief pools



The RMO Unit Support Service

Key support Service for all RMO's

The RMO unit would be your first point of support.

- General queries
- RMO expense claims
- Leave requests including Medical Education Leave, Bereavement etc.
- Health & Wellbeing

Chief House Officers & RMO Council

The role of the CHO's are:



- To support Junior Doctors
- Advocating for the Junior Doctors
- House Officers to raise any concerns with
- Representation at RMO Council

Facilities for RMOs

- **RMO Lounge** is large, has comfortable lazy boys, Sky TV (including movies and sport) and computers.
- There is a kitchen with basic facilities and frozen meals are kept here for nights on call.
- There are a number of sleep rooms with beds



RMO Amenities

- Have a bite at the Upper Deck Café with a view of the Hamilton Lake
- Upper Deck Café has a wide selection of deliciousness
- Catering for all Vegans, Vegetarians and Meat lovers alike!



RMO Socials

- Hamilton Lake is a short distance away and popular for jogging and walks
- Finding balance via social networking for example
- Unwind with colleagues at the local watering hole
- Fun Activities
- After Dark



ACE Recruitment Process

Post application closing date

After Ranking & Selection completion, ACE notifies all applicants simultaneously via email if they have been successful or not

- **31 August** - Offer letters are emailed directly to successfully matched applicants
- **07 September** - Deadline for candidates return accepted or declined offers to employers
- **08 September 2026** - National Talent Pool opens for all unmatched applicants
- We hire directly of the ACE talent pool for any candidates that withdraw or decline an offer with us
- RMO successful graduates **officially start on 11/01/2027** for their one week induction which is compulsory
- Quarter 1 run starts the week after induction on **18/01/2027**

Clinical Attachments – PGY1

- **General Medicine**
- **General Surgery**
- **Cardiology**
- **Haematology**
- **Mental Health**
- **Orthopaedics**
- **Paediatric Surgery**
- **Plastics**
- **Rehabilitation**
- **Respiratory**
- **Urology**

Selecting Preferences

Clinical Attachments Streams

STREAM	QUARTER 1	QUARTER 2	QUARTER 3	QUARTER 4
1	Mental Health 5	General Surgery 3	Orthopaedics 3	Cardiology 1
2	Orthopaedics 2	Respiratory 1	General Medicine 1	General Surgery 4
3	General Surgery 7	Mental Health 1	Orthopaedics 8	Cardiology 2
4	Mental Health 4	Rehabilitation 2	General Surgery 2	Orthopaedics 5
5	General Medicine 2	Orthopaedics 8	Thames Hospital	General Surgery 6
6	Respiratory 2	Orthopaedics 5	General Surgery 8	Haematology
7	General Surgery 9	General Medicine 5	Plastics 2	Rehabilitation 3
8	Rehabilitation 2	General Surgery 4	Orthopaedics 4	General Medicine 3
9	Orthopaedics 1	General Medicine 3	Mental Health 5	Paediatric Surgery 1
10	General Medicine 5	Rehabilitation 1	General Surgery 5	Orthopaedics 4
11	General Surgery 4	General Medicine 6	Cardiology 3	Plastics 1

**Join us here at
Waikato**

**Hono mai ki
konei ki Waikato**

